

Nicole Minasi, LMHC
Licensed Mental Health Counselor

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CONSULTATION AND TRAINING SERVICES

Triumph Center, Reading, MA (2016-Present)

Consultant: Provides consultation to North Shore and Greater Boston school systems regarding the clinical, behavioral, and social-emotional learning needs of students with significant mental health and neurodevelopmental disorders, including autism spectrum disorder, mood disorders, and trauma-related vulnerabilities. Offers consultation to develop and evaluate flexible and full inclusion models to educate and manage students with moderate to significant special needs (primary and middle schools). Provides consultation and in-service training to special educators, general educators, specialists, support staff, and administrators. Manages a caseload of students as needed, providing direct clinical service and updating Individualized Education Program (IEP) goals. Specific school districts have included the following: Dracut, Peabody, and Somerville Public Schools.

CLINICAL EXPERIENCE

Triumph Center, Reading, MA (2016-Present)

Site Coordinator: Oversees clinical and administrative operations at Reading group therapy site for children and adolescents. Provides ongoing clinical training. Leads skills based groups for children and adolescents, ages 6-15.

Therapeutic Summer Camp Assistant Director: Serves as an administrator of Camp Triumph in Bedford, MA. Orients, trains, and supervises staff. De-escalates crises using Nonviolent Crisis Intervention (CPI).

Lahey Health Behavioral Services, Salem, MA (2014-2016)

Clinician: Facilitate individual and family therapy for adolescents in the Department of Children and Families (DCF) custody residing in a short-term residential program. Provide crisis intervention in the program's milieu utilizing Therapeutic Crisis Intervention (TCI). Complete case management tasks including: advocacy, scheduling appointments for clients, engaging with collaterals, and making referrals.

Centerboard, Lynn, MA (2013-2014)

Clinician: Conduct individual, group, and family therapy for adolescents in DCF custody living in a short-term and a long-term residential facility. Provide outpatient therapy for non-mandated Centerboard clients. De-escalate crises by utilizing TCI. Complete case management tasks including: advocacy, scheduling appointments for clients, engaging

with collaterals, and making referrals. Provide clinical supervision to direct care staff. Orient new hires.

Franciscan Hospital for Children (2012-2013)

Internship: Conduct individual and group therapy with clients between the ages of 4 and 14 in the Community Based Acute Treatment (CBAT) unit. Engage with collateral contacts, participate in treatment meetings and devise plans for discharge.

EDUCATION AND LICENSURE

	Massachusetts Licensed Mental Health Counselor No. 9492	2015
M.S.	University of Massachusetts, Boston	2013
B.A.	Stonehill College	2010

SUPERVISION EXPERIENCE

Centerboard, Lynn, MA (2012-2013)

Clinician: Served as clinical supervisor to direct care staff with an emphasis on best practices in the milieu, countertransference and self-care.

RELATED VOLUNTEER EXPERIENCE

Long Island Crisis Center (2011)

Counselor Assistant: Aided counselors in answering crisis hotline phone calls.

CLINICAL INTERESTS AND EXPERTISE

Trauma-and stressor related disorders; neurodevelopmental disorders; anxiety disorders; autism spectrum disorders; mood disorders; collaborative school consultation; attention deficit disorders; cognitive behavioral therapy; coping skill development; play therapy; social skills training; self-esteem; crisis management; child and adolescent psychotherapy

SELECTED TRAINING PRESENTATIONS

Risk Assessments: Utility, Administration and Action Steps to Manage Risk

Triumph Center Graduate Trainees, 2018

Government Agencies: Working with DCF and DMH

Triumph Center Graduate Trainees, 2017 and 2018

Collaborative and Proactive Solutions

Centerboard Staff, 2014