

# Allison M. Jekogian, Psy.D.

*Licensed Psychologist*

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## CONSULTATION AND TRAINING SERVICES

### **Triumph Center, Reading, MA (2017-Present)**

Consultant: Provides consultation to North Shore and Greater Boston School systems regarding the clinical, behavioral, and social-emotional learning needs of students with significant mental health and neurodevelopmental disorders, including trauma-related vulnerabilities and Autism Spectrum Disorder. Offers consultation to develop and evaluate flexible and full inclusion models to educate and manage students with moderate to significant special needs (preschool through post high school ages). Provides consultation and in-service training to special educators, general educators, specialists, support staff, and administrators. Specific school districts have included the following: Billerica and Rockport Public Schools

### **Summer Enrichment Institute (SEI) at Judge Baker Children's Center, Boston, MA (2017)**

Senior Consultant: Provided weekly consultation to associate directors and other administrators during summer 2017 regarding program logistics, treatment intervention questions, and complex camper presentations.

## CLINICAL EXPERIENCE

### **Triumph Center, Reading, MA (2017-Present)**

Psychologist: Provides consultation and in-service trainings to public schools in the North Shore and Greater Boston school systems. Conducts outpatient individual and family psychotherapy for children, adolescents and young adults. Co-leads after school social skills groups for children and adolescents. Conducts comprehensive psychological and diagnostic evaluations.

Clinical Coordinator (2018-present): Oversees administration of outpatient counseling program in conjunction with Clinical Director. Liaison to individuals and parents seeking psychotherapy. Facilitates case assignments and provides supervision and case consultation to clinicians, as needed. Provides CAQH support and orientation for new clinicians.

Director, Camp Triumph (2019-present): Oversees administration of therapeutic summer camp program in conjunction with Site Directors. Liaison to parents and schools seeking summer programing. Directly supports programing, therapeutic interventions and other camper needs in the North Reading site. Completes hiring and provides supervision of undergraduate and graduate-level counselors.

### **The Manville School at Judge Baker Children's Center, Boston, MA (2016-2017; 2013-2015)**

Staff Psychologist (2016-2017): Provided weekly individual psychotherapy for students (ages 8-15) with a range of severe social/emotional, behavioral, and learning disabilities, as well as autism spectrum and trauma related disorders, in a multidisciplinary therapeutic milieu day school setting. Provided crisis intervention and safety evaluations, as needed. Provided consultation with special education teachers, specialists, and behavior support staff. Administered psychological assessment batteries including cognitive, academic achievement, social/emotional, and personality measures for IEP three-year reevaluations and diagnostic evaluations.

Pre-doctoral Intern (2013-2015): Provided the aforementioned services under the supervision of a licensed psychologist.

Supervisors: Mitch Abblett, Ph.D., Anne Cangelo, Ph.D., Moira Creedon, Ph.D.

### **SEI at Judge Baker Children's Center, Boston, MA (2016-2017)**

Director (2016-2017): Oversaw a five-week therapeutic summer program for 24 children (ages 6-12), which implemented the evidence-based Children's Summer Treatment Program (STP), a manualized behavioral intervention for children with ADHD and related disorders. Provided training for graduate and undergraduate-level staff. Provided structured parent training utilizing MATCH-ADTC conduct modules and provided consultation to parents and schools throughout the 2016-2017 school year, as needed.

Senior Consultant (2017): Provided weekly consultation to associate directors and other administrators during summer 2017 regarding program logistics, treatment protocol and interventions, and complex camper presentations.

### **Franciscan Children's, Brighton, MA (2015-2016)**

APA Pre-doctoral Intern: Provided weekly outpatient and school-based psychotherapy for clients (ages 3-16) with a range of neurodevelopmental, social/emotional, and behavioral disorders. In addition, clients' symptom profiles included difficulties stemming from disrupted early attachment, trauma or loss, suicidal ideation, and multicultural issues. Intervention approaches were tailored to meet clients' clinical needs, developmental level, and degree of engagement and included evidence-based, cognitive-behavioral, behavioral, and solution-focused interventions, as well as mindfulness strategies and child-directed play. Co-led group psychotherapy on the Community Based Acute Treatment (CBAT) hospital unit. Completed diagnostic, psychological, and neuropsychological evaluations.

Supervisors: Mary Ann Mullin, Ph.D., Fatima Watt, Psy.D., Elizabeth Baker, Ph.D.

### **Summer Treatment Program (STP) at Judge Baker Children's Center, Boston, MA (2015)**

Lead Counselor: Implemented the STP intervention during a five-week summer program for children (ages 6-9). Provided guidance and leadership to fellow counselors and maintained a collaborative working relationship amongst team of counselors. Collected comprehensive behavioral data and developed and monitored individual, data-driven treatment goals. Provided parent consultation, feedback, and coaching throughout program regarding children's behaviors and functioning at home and at the STP.

Supervisor: Jamie Slavet, Ph.D.

### **Chelmsford High School, Chelmsford, MA (2012-2013)**

Practicum Student: Provided weekly counseling to students (ages 14-18). Administered psychoeducational assessment batteries including cognitive, social/emotional, personality, and academic achievement measures for IEP initial evaluations and three-year reevaluations. Participated in interdisciplinary team meetings for counseling and testing cases and consulted with academic teams, parents, and outside providers in regards to students' learning and emotional needs.

Supervisor: Dan Rosa, Ph.D.

### **Riverside Community Care – Community-Based Flexible Support, Norwood, MA (2011-2012)**

Practicum Student: Provided weekly in-home clinical services to adults with severe and persistent mental illness (ages 22-65).

Supervisor: David St. James, Ph.D.

## **RESEARCH AND PUBLICATIONS**

**Jekogian, A.** (2016). An examination of factors affecting processing speed in a high school population referred for special education testing. *Proquest Dissertation Publishing*.

Bizer, G., Hart, J., **Jekogian, A.** (2012). Belief in a just world and social dominance orientation: Evidence for a mediational pathway predicting negative attitudes and discrimination against individuals with mental illness. *Personality and Individual Differences*, 52(3), 428-432.

## **EDUCATION AND LICENSURE**

<b>Licensed Psychologist, Commonwealth of Massachusetts</b>	<b>2017</b>	
License No. 10602		
<b>Psy.D.</b>	<b>William James College (Formerly Massachusetts School of Professional Psychology), Newton, MA</b>	<b>2016</b>
	APA Accredited Program	
<b>M.A.</b>	<b>Massachusetts School of Professional Psychology, Newton, MA</b>	<b>2013</b>
	APA Accredited Program	
<b>B.S.</b>	<b>Union College, Schenectady, NY</b>	<b>2011</b>
	Major: Psychology (Honors)	

## **TEACHING AND SUPERVISION EXPERIENCES**

### **Triumph Center, Reading, MA (2017-Present)**

Supervisor: Provides direct supervision to graduate trainees. Leads didactic presentations for master's, pre-doctoral, and post-doctoral-level trainees regarding child psychopathology, evidence-based interventions, and psychological assessment. Provides direct supervision of psychological testing for pre- and post-doctoral trainees.

Consultant: Presents in-services to schools on a range of topics including trauma sensitive school interventions, anxiety, Autism Spectrum Disorders, ADHD, and other topics.

### **SEI at Judge Baker Children's Center, Boston, MA (2016)**

Director: Provided weekly group supervision to four pre-doctoral-level trainees and weekly group supervision to two teams of doctoral- and undergraduate-level trainees.

### **Franciscan Children's, Brighton, MA (2015-2016)**

Supervisor: Provided weekly individual supervision to a second year master's-level social work trainee.

### **William James College, Newton, MA (2013-2015)**

Graduate Teaching Assistant, Projective Methods I & II: Led lecture sections and provided supplemental instruction and assistance on a group and individual basis for the administration, coding, and interpretation of the Rorschach using the Exner Comprehensive System. Graded and provided verbal and written feedback for class assignments, Rorschach administrations, sequence of score coding, structural summaries, and written interpretive reports.

## **CLINICAL INTEREST AND EXPERTISE**

anxiety disorders; trauma and stressor-related disorders; depressive and mood disorders; autism spectrum disorder; attention deficit hyperactivity disorder; school consultation; comprehensive psychological assessment; child and adolescent psychotherapy; cognitive behavioral therapy; parent training; social skills training; training and supervision of graduate students

## SELECTED TRAINING PRESENTATIONS

### **Best Practices for Supporting Students in Inclusion Classrooms**

Billerica Public Schools, K-12 Paraprofessionals, 2019

### **Integrating Social-Emotional Learning and Trauma-Sensitive Approaches into the Classroom**

Rockport Public Schools, K-12 Paraprofessionals, 2018

### **Working with Challenging Students: Understanding Functions of Behavior and Developing Effective Interventions**

Co-Presenter: Tim Niemiec, LMHC, BCBA, LABA

Rockport Public Schools, All Staff, 2018

### **Autism Spectrum Disorder and Promoting Social Skills Development in Schools**

Billerica Public Schools, K-8 Paraprofessionals, 2018

### **The Impact of Childhood Trauma and Trauma Sensitive School Approaches**

Billerica Public Schools, Select K-12 Teachers, Specialists, and Support Staff, 2018

Vining Elementary School, Billerica, MA, Teachers, Specialists, and Support Staff, 2018

### **Strategies for Engaging the Reluctant Learner**

Newburyport Public Schools, K-12 Teachers, Specialists, and Support Staff, 2018

### **The Impact and Treatment of Trauma and Adverse Childhood Experiences with Children and Adolescents**

Triumph Center, Graduate Trainees, Annually

### **Working with Challenging Students: Understanding Emotional and Behavioral Difficulties and Building Supportive Relationships**

Billerica Memorial High School, Paraprofessionals, 2018

### **ADHD: History, Diagnosis, and Treatment**

Triumph Center, Graduate Trainees, Annually

### **Trauma Sensitive Schools and Classroom Interventions**

Rockport High School, All Staff, 2018

Somerville Public Schools, Teachers, Specialists, and Support Staff 2017

### **MATCH-ADTC Conduct Modules Parent Training (6-week series)**

SEI at Judge Baker Children's Center, Parents of Children in SEI, 2016

### **The Utility, Administration, and Interpretation of the Trauma Symptom Checklist for Children**

Franciscan Children's, Social Work Trainees, 2016