

Triumph Center Post-doctoral Psychology Internship

Triumph Center:

A comprehensive mental health outpatient agency, the **Triumph Center** offers a number of psychotherapeutic services for children, adolescents, young adults and their families. A primary treatment modality is its social skills group therapy program. In addition to this innovative program, the Triumph Center offers traditional psychological services through the Counseling Center, such as individual and family therapy, psychological testing and diagnostic assessment, and parent and school consultation.

Post-doctoral Internship in Clinical Psychology:

The internship program at the Triumph Center is designed to prepare post-doctoral students for competent practice in clinical psychology in a variety of mental health care, behavioral health, and educational settings. Our internship emphasizes a developmental and systemic approach in the delivery of child, adolescent and young adult services. We focus on therapeutic service delivery and are guided by ethics and culture. We carefully consider current research and new findings and trends in the field to inform our training and practice. The goals of the internship are to provide competency in any number of areas, including but not limited to: assessment, intervention, consultation, documentation/management, diagnostic conceptualization, multicultural awareness, and professionalism. We provide opportunities for interns and fellows to communicate and collaborate with a variety of professionals, including clinical psychologists, social workers, licensed mental health clinicians, board certified behavior analysts, school psychologists, educators and special educators and a variety of educational administrators and specialists (Special education directors, OT's, SP&L, reading specialists, etc.)

Post-doctoral students in psychology (clinical, counseling and school psychology programs) may apply for part-time or full-time training positions. These positions may be completed in one or two years. Interns and fellows will receive up to 1600 hours of supervised training, with a minimum of 40% of time providing direct clinical health services. Please note that applicants have the option of applying for the following positions:

1. School Year Intensive Training (September – Mid June)
 - 3 full days at 25 hours/week, with half time in agency group therapy/intake assessment and half time in schools (counseling, testing and consultation).
 - For students seeking a more intensive training.
2. School Year Regular Training (September – Mid June)
 - 3-4 afternoons/evenings at 16 hours/week with all time in group therapy and intake assessments.
3. Full-Time Training (Start date September or Late June)
 - 5 full days per week during school year, with time balanced between group therapy, intakes, and school clinical services, testing and consultation.
 - 5 days at 35 hours per week for 8 weeks in Camp Triumph, our summer therapeutic program doing group and milieu counseling. Summer Interns may also gain experience in doing intakes, assessments and in other therapeutic programs, including Club Triumph, a summer program for young adults.

Training in Therapy:

The Triumph Center offers specialized training in treatment and intervention approaches related on social skills training, social perspective taking and social problem solving within both our school year group therapy program and our summer therapeutic program known as Camp Triumph. We also offer training in a variety of modalities, including cognitive-behavioral, behavioral, family systems, activity based play therapy, and short-term therapy. We expose trainees to both short and longer-term treatment approaches. Interns and fellows learn to negotiate and advocate for their clients with care reviewers representing a range of insurance providers. We provide seminars and supervision in writing treatment plans, progress reports, outcome data reports, and treatment summaries using measurable goals where possible. Opportunity for training in group therapy and parent consultation is available through the agency, while training in individual therapy is available in schools.

Training in School Consultation:

Post-doctoral interns will have the opportunity to work closely with psychologists and other clinicians from the Triumph Center in various public school settings. While each student's experience is unique to their setting, opportunities include the following: school based counseling (individual and group) with children and adolescents, psychological assessments and testing, program evaluation and development, social-emotional curriculum development and implementation, emotional and behavioral data collection, functional behavioral assessments, training of educators and special educators, clinical risk assessments and direct work with children with a variety of disabilities, including but not limited to Autism Spectrum Disorders, Learning Disabilities, ADHD, Mood and Anxiety Disorders, PTSD, etc. Trainees will build their knowledge of the unique formal and informal structures in school settings, knowledge of individualized education plans, and their ability to relate to and build collaborative relationships with educational and other health service providers.

Training in Diagnostic Assessment and Psychological Testing:

Interns and fellows will have the opportunity to work closely with a licensed psychologist from the Triumph Center to conduct school- and agency-based psychological assessments. Assessments target diagnostic clarification and treatment planning; including school-based recommendations surrounding special education services (when necessary). Students will receive training in the administration, scoring, and interpretation of a variety of psychological assessment tools and rating scales (e.g., WPPSI-IV, WISC-V, WAIS-IV, NEPSY-II, TAT, Incomplete Sentence Task, House Tree Person Task, BRIEF-2, BASC-3, GARS-2, ABAS-2, etc.) as well as writing comprehensive reports.

Supervision:

The Triumph Center has been training doctoral and masters level students for nearly thirty years. Our psychologists and mental health staff are committed to training and represent a variety of theoretical orientations and clinical experiences and expertise. Staff psychologists are on site and participate in individual and group supervision, seminars and training activities. Accepted interns and fellows will receive individual supervision (one hour for every sixteen hours of training work) and group supervision as part of their training. Supervisors include:

Chris Anderson, Ph.D., Clinical Director/Director of Training

George Marinakis, Ph.D., Executive Director and Supervisor

Allison Jekogian, Psy.D., Supervisor

Emily Barry, Ph.D., Supervisor

Tim Niemiec, LMHC, BCBA, Group Director and Supervisor
Eric Pegnam, LICSW, Supervisor
Adjunct Supervisors in Clinical Psychology, Psychiatry, and Clinical Social Work to assist in seminars and group supervision

Stipend:

Stipends vary depending on the experience of the applicants, commitment levels and availability of funding. Post-doctoral applicants will be informed during the initial interview what level of stipend is available to them.

Application Process:

Applications will be screened for breadth of education and experience, as well as perceived “fit” between the applicant’s goals and the training opportunities available at the Triumph Center. We encourage applications from students from diverse backgrounds. Applicants should mail a cover letter, resume and 3 letters of recommendation to Dr. Chris Anderson, Director of Training at Drchris.triumphcenter@gmail.com.

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