

Internship/Practicum Placement **Triumph Center/Therapeutic School Programs**

Internship Training Options

Please note that students have the option of applying for an intensive school year internship only, a regular school year internship only, a summer internship only or a full-year program.

1. School Year Intensive (September – Mid June)
 - Most common placement selected for trainees. Meets program and licensure requirements for masters and doctoral students.
 - 3 full days at 24 hours/week (\$500 stipend for selected interns, \$750 for selected doctoral level practicum/advanced practicum students) with half time in group therapy and half time in schools (counseling and consultation).
2. School Year Regular (September – Mid June)
 - 3 afternoons/evenings at 12 hours/week with all time in group therapy and intake assessments (\$400 for selected doctoral level practicum/advanced practicum students).
3. Summer Internship (Late June – Mid August)
 - 5 days at 35 hours per week for 8 weeks (\$1,000 stipend for selected interns) in Camp Triumph, our summer therapeutic program doing group and milieu counseling. Summer Interns may also gain experience in Club Triumph, a 5-week summer group program for young adults.

Program Components

- Social skills groups with children, adolescents and/or young adults
- School consultation, including consultation at various schools in the greater Boston area
- School counseling including some individual, family and group work
- Counseling (group and milieu) in a therapeutic summer program
- Diagnostic intakes
- Parent education and support
- Collateral work with human service agencies
- Introduction to the administrative tasks necessary to run a therapeutic agency
- Psychological evaluation for doctoral students

Stipend

- \$1000.00 for selected **summer** intern/practicum students
- \$500.00 for selected **school year intensive** interns
- \$750.00 for selected **school year intensive doctoral-level** interns
- \$400.00 for selected **school year regular doctoral-level** interns

Program Description

A specialty, outpatient agency, the **Triumph Center** offers a number of psychotherapeutic services for children, adolescents, young adults and their families. A primary treatment modality is its social skills group therapy program (see below). In addition to this innovative program the Triumph Center also offers traditional services through the Counseling Center, such as individual and child psychotherapy, comprehensive psychological evaluation, parent and school consultation. These services are designed to meet the needs of children and families, collaborate with schools to include children in the most normalized setting possible, and to develop action-oriented goals and solutions within the home and classroom.

Social skills groups, using an activity model which focuses on cooperative games, help children and adolescents problem solve, negotiate and resolve conflicts with peers, while having fun and being creative. Through group discussion and play in a professionally structured environment, youngsters can build self-esteem and enhance interactive skills with peers. Each group is led by counselors, sometimes paired with an intern, who meet with the group on a weekly basis.

Through our strong school consultation program, a number of training opportunities exist. Triumph Center counselors provide individual, and group counseling within school special education programs at the elementary, middle and high school levels. We assist school staff in the development of behavioral treatment plans, crisis intervention, and the implementation of psycho-educational curricula. Advising school personnel regarding the demanding challenges of dealing with special needs populations is an additional component of the school consultation service. Depending on their level of experience, interns have the opportunity to receive training and supervision in all of the above areas.

The Triumph Center provides comprehensive psychological evaluations of children, adolescents, and young adults as another training opportunity for doctoral level candidates. Our evaluations assess each person's unique cognitive, behavioral and/or social-emotional functioning in order to assist with diagnostic clarification, as well as educational and treatment planning.

Training Sites may include:

- The Triumph Center in Reading or Lexington
- Various therapeutic schools in the greater Boston area
- Various public schools outside of Boston, e.g. Swampscott, Beverly, Billerica

Who Should Apply

Masters and Doctoral level students in counseling, clinical, school or educational psychology, child development, social work and related human service fields.

Requirements

Students must have personal transportation in order to travel to their school sites and then to the Triumph Center in the afternoons. Fridays are a required day for all interns. Once the other two internship days are agreed upon they must remain the same for the entire training year. Changes in schedules due to academic classes are not possible. Students should be aware that our groups are activity based groups and require a moderate amount of physical exertion.

Supervision

The professional staff at the Triumph Center is comprised of highly qualified individuals with diverse backgrounds and expertise. Dr. Chris Anderson, Dr. George Marinakis, Dr. Allison Jekogian, Dr. Emily Barry, Mr. Tim Niemiec, LMHC, BCBA, LABA, and Mr. Eric Pegnam, LICSW, Ms. Samantha Martin, LMHC oversee a strong staff of clinicians with backgrounds in clinical/counseling psychology and child development. Individual and group supervision is available on a weekly basis to provide direct training, as well as support and consultation.