TRIUMPH CENTER

for child, adolescent, and young adult counseling

TRIUMPH TRANSITIONS

A specialized summer program designed for teens and young adults ages 17-22, focused on life skills, independence, and self-advocacy.



Skills for Success

- Independence
- ✓ Life Skills
- ✓ Self-Advocacy
- Leisure

Tailored to support a diverse range of needs—including those with Autism Spectrum Disorder, ADHD, or Social Communication Disorder—this program blends structured recreation, vocational activities, and leadership opportunities to support a confident transition into adulthood.



Period 1: June 29-July 17, 2026 Period 2: July 20-Aug 7, 2026



E. Ethel Little School in North Reading, MA

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Goals & Activities:

Independence and Life Skills:

Hands-on practice for everyday independence:

- Community activities, such as grocery shopping & public transit
- · Social skills woven into activities
- · Transition planning & resources

Leisure and Recreation:

Structured recreation builds confidence and connection through:

- Games (cooperative & non-competitive)
- Creative arts & tabletop games
- Expressive arts, including theater and music
- · Swimming & field trips

Leadership & Self-Advocacy:

Opportunities to lead, mentor, and grow:

- Leadership roles with campers at Camp Triumph
- The Transitions Project, a group initiative planned and led by the young adults
- Manage the Camp Canteen, our Camp Triumph store

Program Fees

The cost for Triumph Transitions is \$3,025 per 3 week period. Transitions participants can apply for one or both periods. Individual weeks are not available. We are closed on July 3rd.

How to Apply

Applications will be available on the Triumph Center website on January 15, 2026. Please email camptriumphma@gmail.com to request an application be sent directly to you.

To ensure every young adult receives the support they need, all new applicants will begin with an intake interview. This conversation is designed to help us understand each individual's unique strengths and needs, confirm that the program is the right fit, and explore leisure, social, and vocational goals. The interview has a non-refundable fee of \$150, and serves as an important first step in building a personalized path toward success.